

# Consortium of Institutes on Family in the Asian Region Ltd. 亞洲區家庭研究聯盟

## What You Need to Know about CIFA

### 1. Walk for Family Well-being 2013

The fund-raising “Walk for Family Well-being 2013” co-organized by CIFA with The Academy of Family Therapy (AFT) was successfully held under the nice and warm weather on Sunday, 13<sup>th</sup> January 2013, with over 200 participants and volunteers joining us. We are very thankful to the 10<sup>th</sup> Chingyi Scout Group of the Scout Association of Hong Kong and Hong Kong Emergency Medical Services Corps for providing the necessary security and first aid service during the event and Mr. NG Man Kwong as the eco-tour guide for leading the eco-tour for the interested participants.

The Walk started with some carnival activities including face painting, balloon twisting, African drum performance, plates spinning and warming up exercises etc, followed by the Kick Off Ceremony.



Secretariat: 6/F, Tsan Yuk Hospital, 30 Hospital Road, Sai Ying Pun, Hong Kong

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After a welcoming speech by Mrs. Patricia Chu, Chairperson of CIFA and AFT, we were honoured to have Mr. Patruck NIP Tak Kuen (聶德權先生), Director of Social Welfare, who has been a staunch supporter of the two organizations, to be the officiating guest at the ceremony.



Welcoming remarks by Mrs. Patricia Chu



Opening speech by Mr. Patrick Nip

Following the speeches, all participants took part in a warming up exercise lead by staff from Hong Kong Young Women's Christian Association (HKYWCA) to prepare themselves for the walk.



Participants preparing themselves for the walk by doing warming up exercises

The piercing of balloons by our guests was a highlight of the Kick Off Ceremony. The colourful balloons represent the joyfulness, fun and love of families, while piercing the colourful balloons symbolized the continuous efforts of CIFA and AFT to promote family well-being and bring happiness to families in the Asian Region through their work.

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From left to right: Mr. Peter Wong, Ms. Lydia Chiu of HKYWCA, Ms. Iris Leung of HKACS, Mr. Mark Saunders of Towers Watson, Prof. Alfred Chan of the Elderly Commission, Mr. Patrick Nip, Mrs. Patricia Chu, Ms. Amy Leung of Wofoo Social Enterprises, Ms. Agnes Ng and Mr. Lai Chi Tong.



Everyone got ready and the walk was officially kicked off when Mr. Patrick Nip blew the horn. Participants proceeded onto the Black's Link while some joined the eco-tour led by Mr. Ng. All enjoyed the nice scenery with fresh air and lovely warm weather along the route.



The family enjoying precious time together!



Group photo of participants taken at the Wanchai Gap Park.

With the generous support from CIFA and AFT members, organizations, individual and friends of CIFA and AFT, we are pleased to announce that we have so far raised around HK\$95,950 (as at 15<sup>th</sup> January, 2013). We would like to take this opportunity to thank all of our sponsors and participants for showing their support and giving recognition towards our work.

We would also like to make good use of this newsletter to show our greatest appreciation and acknowledgement towards the supporting organisations, which facilitated our fund-raising walk and made the event a success.

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The following are supporting organizations for the walk:



## 2. 李維榕博士: 故事從家開始

An article entitled “面對癌症” written by Dr. Lee Wai Yung after her participation at the 3<sup>rd</sup> Regional Symposium 2012 in Singapore was released via 信報 on 22<sup>nd</sup> December, 2012. The article is about a touching story of a couple facing the threat of cancer and how the family therapist assisted them to cope with the illness.

For more details of the article, please go to: [www.cifa-net.org/pdf/Dr.Lee\\_20121222.pdf](http://www.cifa-net.org/pdf/Dr.Lee_20121222.pdf)

### CIFA Members Share:

*If you have recently attended a conference/workshop and would like to share your experience, or would like to share any news about your work that may be of interest to the community, please e-mail to: the secretariat of CIFA, [info@cifa-net.org](mailto:info@cifa-net.org)*

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