

Converging

Family Well-Being

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Message from Mrs. Patricia CHU, Chairperson, CIFA



As we enter 2024, that is, the year to celebrate the 30th Anniversary of the International Year of the Family (IYF+30) as promulgated by the United Nations, CIFA is busily engaged in planning various activities to commemorate this milestone, following that of the successful Expert Group Meeting on Ageing of Population in Asia under the mega-trend of Demographic Changes held in the last quarter of 2023 to launch the celebration.

The various committees, including that of the Organising Committee of Asian Family Summit, the Organising Committee on Regional Campaign on Family We-Time, the 3A Project Committee, the research team on cross country study and the Editorial Group on Commemorative Publication etc. have been meeting to work out details. Apart from active involvement of member organisations of CIFA, we are pleased to receive full support from the public, private, academic as well as the NGO sectors.

In this issue, announcements are made on the Wofoo 3A Project 2024 and the Asian Family Summit 2024, appealing for full support and active participation.

CIFA is pleased to collaborate with the SAR Orchestra for the seventh time to raise funds to support the work of CIFA. We have chosen the theme of Turn A New Page for the Charity Concert to celebrate the recovery from the Covid-19 pandemic. A big thank you to the unfailing efforts of the Publicity & Fund Raising Committee, the SAR Philharmonic Orchestra and the distinguished performers, as well as all the sponsors, donors and participants to make the concert a success.

In my capacity as the Chairman of the Hong Kong Anti-Cancer Society, I am happy to share our efforts in addressing cancer survivorship with cancer organisations in Asia.

We look forward to your continuous support so that CIFA can grow from strength to strength in actualising its vision on Converging Professional Wisdom for Family Well-Being!

Cancer Survivorship

Hong Kong Anti-Cancer Society

Member organisation of CIFA

With advancement in medicine, early detection and effective treatment, cancer is no longer a terminal disease but a chronic disease, resulting in many cancer survivors in the community. The subject of cancer survivorship is comparatively new in Asia and HKACS took the initiative to encourage discussion so as to share service delivery models and practice wisdom with the view to contribute towards policy formulation and service development.

Regional Symposium on Cancer Survivorship

The Regional Symposium was successfully conducted on the 9th December, 2023 at the Ballroom, 7/F, Cordis Hong Kong as the signature and finale of the Hong Kong Anti-Cancer Society event for its 60th Anniversary. The Regional Symposium aimed at gathering regional and international experts on the topic of Cancer Survivorship. The Symposium is jointly organised by the Hong Kong Anti-Cancer Society (HKACS) and the Union for International Cancer Control (UICC) with AstraZeneca and Daiichi-Sankyo as Title Sponsors.

The Symposium also provides an excellent opportunity for clinicians, researchers, healthcare professionals, social workers and stakeholders in addressing the issue of cancer survivorship, from the perspective of policy formulation, service development and good practice.

Below are the key highlights of the Symposium:

- We are most honoured to have Prof. the Hon. Lo Chung-mau, BBS JP, Hong Kong Secretary for Health; Prof. Jeff Dunn, AO, President of the Union for International Cancer Control & Dr. Leong Che-hung, GBM, GBS, OBE, JP, President of the Hong Kong Anti-Cancer Society (HKACS) as our Guest of Honour.
- Total participants number was 260, majority of them are local participants, who largely came from Hospital Authority
 and Department of Health, followed by colleagues from the Private Hospitals, tertiary education institutions and local
 cancer NGOs.
- Majority of the participants are of medical/nursing professional background, some are pharmacists, radiologists and dieticians.



(Picture depicting Prof LO Chung-mau, BBS, JP, delivering a speech at the Opening Ceremony)

- There were 11 experts of cancer survivorship speaking at the Symposium. They come from China, Hong Kong, Australia, Canada, Singapore, Malaysia, the Republic of Korea, Myanmar and the Philippines. Notably the Coordinator of the Management of Non-Communicable Disease, World Health Organization for the Western Pacific was present. The topics included dissecting Cancer Survivorship from a multidimensional perspective: global, regional and local.
- Roundtable Discussion Session was conducted at the end of the Symposium, where representatives from the HKACS
 discussed the way forward for Cancer Survivorship, with Dr. Ko Pat-sing, Tony, Chief Executive of the Hospital
 Authority, and Prof. Jeff Dunn, AO, President of the Union for International Cancer Control.



(Group photo of the Guest of Honour, representatives of the HKACS and speakers at the Opening Ceremony)

The Hong Kong Cancer Day

Every second Sunday in December is designated as the Hong Kong Cancer Day. In echoing to the theme of "Cancer Survivorship" of the Regional Symposium, this year the Hong Kong Cancer Day involves public health talk forums. Unlike the Regional Symposium, the Hong Kong Cancer Day is open to the general public, including cancer patients and care givers of cancer patients. We are most honoured to have AstraZeneca and Daiichi-Sankyo as Title Sponsors for the event.



The event was held on the 10th December, 2023. The Forum was subdivided into three parts: 1) "When Western Medicine meets Chinese Medicine", 2) "How to Rediscover a Positive and Happy Life after Cancer Recovery & 3) "Doctors and Cancer Patients Navigate through Stormy Seas". There were ~160 attendees participated in our event, giving very positive feedbacks on the event.



(Dr Vincent Tse - 謝建泉醫生 (Left), Founding President of the Society for Life and Death Education, Ms Janet Wong - 王榮珍女士 , Moderator of forum (Middle) & Prof Cecilia L.W. Chan (Right) - 陳麗雲教授 , Professor Emeritus of the Department of Social Work and Social Administration, HKU, sharing in the forum)

Charity Concert for Family Well-Being: Turn a New Page

CIFA is honoured to collaborate with the SAR Philharmonic Orchestra again on 30 March, 2024 (Saturday) at 7:30pm at the Concert Hall of the Hong Kong City Hall, Central. With the recovery of Covid-19 pandemic which had affected many aspects of family life, we have chosen "Turn A New Page" as the theme of the concert to celebrate the resumption of normal life, giving families a chance to regain energy and positive spirit to welcome a new page. Around 70% of the front and rear stalls were filled up at the concert despite many had left HK for the Easter Holiday. The concert provided



a relaxing evening for the audience to enjoy beautiful musical performance by SAR Philharmonic Orchestra and the guest performers, including Dr. Michelle Tsui, Dr. David Fang and Mr. Warren Lee, while raising funds for CIFA.

To save trees and printing cost, we have produced E-Program Brochure on the concert. Apart from messages and information on SAR Philharmonic Orchestra and CIFA, and acknowledgement on support by sponsors and donors, there is a special section on artistic pieces by Mrs. Susan Mak, Mr. Wong Ying Kit, Ven. Chang Lin and Mr. Yim Yee-King (Ah Chung) as well as social service recipients from Hong Kong Anti-Cancer Society, Salvation Army, New Life Psychiatric Rehabilitation Association and Family Network which bring out the theme of the concert. It is now available at: http://cifa-net.org/files/news/Concert 2024/Concert 2024_Brochure.pdf

With the support from the sponsors, donors, performers, members of CIFA and all other related parties, we have so far raised \$250000 and we understand that more donation is still on the way.



Sharing of Artistic Piece



In the midst of COVID-19 and forced to stay home during lockdowns in Hong Kong, Susan completed the "Cultivate Your Own Garden" series comprising four paintings. The Being and Becoming is the last of the series when the pandemic is nearing the end. School finally reopens and generally people are ready to embrace the new normal of life and turn a new leaf.

By Susan Mak

Being and Becoming (Watercolour and ink in Xuan, 60cmx90cm)

Asian Family Summit in Celebration of the IYF+30 in 2024

Co-organisers:

- Consortium of Institutes on Family in the Asian Region (CIFA)
- Family Council, HKSAR
- Faculty of Social Sciences of the University of Hong Kong (FOSS/HKU)
- Hong Kong Council of Social Services (HKCSS)
- Social Welfare Department (SWD), HKSAR
- Connecting Hearts

Date: 27 – 29 December 2024

Venue: Grand Hall & Hall 2, Centennial Campus, The University of Hong Kong

Theme: Towards A Better Tomorrow For Families: Partnership, Collaboration & Action for Sustainable Development Focus of deliberation will be on the four megatrends that affect family life as identified and endorsed by the United Nations, including New Technologies, Urbanisation & Migration, Climate Change and Demographic Changes.

Further details will be provided in due course. Watch out and make necessary plans to join this exciting and memorable event!

Wofoo 3A Project

Exchange Programme on Wofoo 3A Project 2022 & Launching of Wofoo 3A Project 2024

The event has been successfully held online on 21 February 2024 with Ms. Virginia Chan, representative of Wofoo Social Enterprises, the Title Sponsor of Wofoo 3A Project as the Guest of Honour at the Opening Ceremony.

At the event, 7 award winning teams of Wofoo 3A Project 2022 shared their projects and reported the progress since the Final Round Adjudication in November 2022. The programme was attended by participants from Hong Kong, Taiwan and Singapore. The response from participants has been very positive, generating fruitful discussions on follow up action to build linkages and sharing of experience. The event has been recorded and will be uploaded to the CIFA website in due course for those who were unable to join the program due to clashing of events to view.

Wofoo 3A Project 2024

During the Launching Ceremony, Mrs. Patricia Chu presented an overview and highlights of Wofoo 3A Project since 2010, and Dr. Agnes Ng (Chairman, 3A Project Committee) announced the details of the competition. They also appealed to projects with the element of "Harmony and Abundance" to participant and compete for the new "Best Harmony & Abundance Award".

To submit innovative project(s) that improve the quality of family life and enhance the well-being of families, please complete the Project Submission Form which can be downloaded from CIFA website at http://cifa-net.org/content.aspx?urlkey=ypSbHx6LgMDGzB3C together with a brief description of your project(s) in 500 words in English, on or before 26 April 2024. To encourage more teams to participate and feel more at ease to present themselves at the second round interview session in September 2024, we would allow someone from the team to do the translation from their national language to English if needed. ACT NOW! Join this exciting and meaningful endeavour!

The Final Round Adjudication and Award Presentation Ceremony of the Wofoo 3A Project 2024 will take place at the Asian Family Summit 2024 on 27-29 December, 2024 at the University of Hong Kong. Subsidy will be given to members of the finalist teams to attend the Summit.

Important Dates:

Deadline for Submission of Initial Application	26 April 2024
Announcement of First Round Result	24 May 2024
Deadline for Submission of Project for Second Round Adjudication	2 August 2024
Second Round Adjudication Interviews	12-13 September 2024
Announcement of Second Round Adjudication Result	27 September 2024
Final Round Adjudication (in Hong Kong)	28 December 2024
Award Presentation Ceremony & Gala Dinner (in Hong Kong)	29 December 2024