



Consortium of Institutes on Family in the Asian Region

Address: 6/F, Tsan Yuk Hospital, 30 Hospital Road, Sai Ying Pun, Hong Kong.

Telephone: (852) 2859 5301 Fax: (852) 2559 1813

Press Release: 10 November, 2016

To Editors of Local News, Education and Organization sections,

**Successful 5th Regional Symposium on Asian Families: Changes & Consistency
cum
Heep Hong Society winning the Gold Award of the Wofoo 3A Project 2016**

The 5th Regional Symposium of the Consortium of Institutes on Family in the Asian Region (CIFA) held from 3rd to 5th November in Seoul, Korea was co-organized with the Korean Association of Family Relations (KAJR), with the Family Council, Hong Kong Council of Social Service, Asian Academy of Family Therapy, in addition to several Korean, Japanese and Taiwanese professional associations as supporting organizations.

The Opening Ceremony was officiated by Ms. Daniela Bas, Director of Division for Social Policy and Development, Department of Economic and Social Affairs, United Nations and Mr. Kwon Yong-hyun, Vice Minister of Gender Equality and Family of the Korean Government. Ms. Daniela Bas shared the 2030 Agenda for Sustainable Development promulgated by the United Nations, which is based on 17 Sustainable Development Goals (SDGs) and 169 targets. She emphasised that many goals and targets are difficult to achieve without the support and engagement of families all around the world. In achieving some of the SDGs, we need family-oriented policies to assist households in fulfilling their numerous economic, care-giving and educational functions.

She found the theme of the Symposium "Asian Family: Change & Consistency" most appropriate as it attests to the fact that despite changing families and societies, the family remains a consistent element of all societies, worthy of focus of public policy. She strongly acknowledged the work of CIFA which not only contributes to the well-being of families in Asia, but serves as a good example of collaboration among numerous stakeholders, including the academics, researchers, public, private and the civil society to reflect on the myriad of issues surrounding families, identify challenges and think of solutions.

The symposium was a great success, with over 400 participants from 9 countries gathering at the National Museum of Korea to examine issues facing the nowadays families. Over 50 academics, researchers, government officials and practitioners presented papers on various topics including those on The Future of Asian Families (changing values, structure and functions of families); Contemporary Issues on Parenting (child abuse and discipline, co-parenting and step families as a result of divorce); Family Happiness (Innovative & public health approach to promote family holistic health, cross-country exploratory study on family happiness, and active aging) and Family Practice in Asia (family therapy for sexless couples with children, study on a family therapy training program for psychiatric nurses, and case study on factors influencing obsessive-compulsive disorder), just to name a few.

The scientific program had stimulated much discussion and sharing with very positive feedback from participants. The co-organizers are most thankful to Ms. Bas for staying throughout the symposium, giving recognition to the work of CIFA as a regional platform. During the closing ceremony, she gave very encouraging remarks and advice on how CIFA can take forward its work to tie in with the work of the United Nations to achieve the Sustainable Development Goals.



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One of the highlights of the Regional Symposium was the Final Round Adjudication of the "Wofoo Asian Award for Advancing Family Well-Being (Wofoo 3A Project) 2016 in which 8 finalist teams which had survived the keen competition among 36 teams from 6 countries received subsidy to attend the 5th CIFA Regional Symposium to present their projects to compete for the Gold, Silver, Bronze Award, My Favourite Project and The Most Collaborative Award.

After a very keen competition, **Heep Hong Society (Hong Kong)** won the Gold Award. **Touch Community Services Pte Ltd (Singapore)** got the Silver Award and My Favourite Project. **Hong Kong Lutheran Social Service, LC-HKS - Rainbow Lutheran Centre (Hong Kong)** got the Bronze Award and The Best Collaborative Award.

The results of the Final Round is appended below:

| Organization Name | Name of Project | Description |
|--|--|--|
| Heep Hong Society (Hong Kong) Gold Award | "Happy Parenting Program" - The First Local Evidence-based Parenting Program for Parents of Preschoolers with Developmental Disabilities | It is a parenting skills training program for parents of children with developmental disabilities. It aims to reduce child problem behaviour; parenting stress and inappropriate parenting practices. |
| Touch Community Services Pte Ltd (Singapore) Silver Award & My Favourite Project | TOUCH Cyber Wellness Family Support Programme | Excessive gaming among youths resulting in family conflict is a growing concern that requires our attention. It can be managed by bridging the digital gap between the parent and child through providing intervention and insights, not only to parents but also practitioners who deal with such issue. |
| Hong Kong Lutheran Social Service, LC-HKS - Rainbow Lutheran Centre (Hong Kong) Bronze Award & The Best Collaborative Award | Pregnant Psychotropic Substance Abusers Family Supporting Scheme | The Scheme is a family-oriented project, benefitting pregnant women and mothers with psychotropic substance abuse problems, the drug-dependent fathers as well as their family members adopting a multi-disciplinary approach among drug counselling workers, medical professionals and participants' families. |
| Foshan Yixin Social Service Agency - Beijiao Employees' Services Centre (China) Outstanding Award | Supportive Programme for Victims of Industrial Accidents | The program aims to create a friendly environment where victims and their family can receive psychological support, immediate financial assistance, legal advice, rehabilitative service and other social community support. demonstrating the need to involve various stakeholders to cope with a problem faced by migrant workers. |



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|---|---|---|
| The Hong Kong Anti-Cancer Society (Hong Kong) Outstanding Award | "Walking Hand-in-Hand" Cancer Family Support Project | The project is a personalized, family-approach, community out-reached project with the aim of "Collaboration in raising Awareness and building Networks, adopting a Community-based approach in Empowering cancer patients and families for their long term physical and psychological Rehabilitation (CANCER). |
| Senior Citizen Home Safety Association (Hong Kong) Outstanding Award | Life Journey Centre | The Life Journey Centre aims to help the public to understand ageing being a natural part of life, to build empathy and a sense of responsibility to care for the elderly and to stimulate inter-generation engagement, especially in the context of the family. |
| Shanghai Social Worker Agency for Public Affairs (China) Outstanding Award | The Ambition of Flying Up in the World - Asset - Building Intervention Project for Poor Family in Shanghai, China | The project. aims at enhancing poor families' self-efficacy by encouraging them to develop sustainable saving habits and pursue their children's further education while providing financial and family management skills training program. |
| TWGHs Centre on Family Development (Hong Kong) Outstanding Award | The Hong Kong Jockey Club Community Project Grant - Parent Child Interaction Therapy (PCIT) Service | The project serves parents with children aged 2 to 7 with behaviour difficulties facing parental stress. The past 2 randomised controlled trial researches illustrated that PCIT was a promising treatment in dealing with the problem. |

The climax of the Wofoo 3A Project was the Award Presentation Ceremony, with Ms. Bas and Dr. Joseph Lee of Wofoo Social Enterprises, the Title Sponsor as the Guest of Honour to present the awards to the winning teams. Their remarks were most encouraging, giving recognition to the dedication and continuous efforts made by the teams to serve the specific target groups. They also echoed the observations made by the Adjudication Panel on the strong team work and spirit among the members in the whole process of competition.

To sustain the momentum and synergy created thus far, another opportunity for sharing will be provided in Hong Kong in June, 2017 at the Chinese University of Hong Kong when the finalist teams of 2016 and Gold, Silver and Bronze awardees of 2014 will present their projects and share how they have furthered their work with the families, providing an opportunity for professionals and organizations to explore possibilities for replication and adaptation to meet cultural difference in their own countries. Thus actualizing the theme of **Aspiration For Sustainability, Innovation and Applicability (ASIA)** of the Wofoo 3A Project.

For further enquiries and/or requests for interview with winning teams, please contact Mr. Timothy Li of the CIFA secretariat at cifasecretariat@gmail.com or 28595300/91363017.

For further information on CIFA please visit <http://www.cifa-net.org>.



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新聞稿 2016 年 11 月 10 日]

致各港聞版、教育版、社團版採訪主任／編輯：

第五屆地區性研討會圓滿結束暨 協康會勇奪「和富 3A 計劃 2016」金獎凱旋歸來

亞洲區家庭研究聯盟與韓國家庭關係協會（KAFF）聯合舉辦於本年 11 月 3 日至 5 日在南韓首爾舉行第五屆地區性研討會。大會除了得到香港的家庭議會、香港社會服務聯會及亞洲家庭治療學院之外，更得到多個南韓、日本及台灣的專業團體作為支持機構。

開幕典禮由聯合國經濟和社會事務部社會政策和發展司司長 Daniela Bas 女士與南韓性別平等及家庭部副部長 Kwon Yong-hyun 先生蒞臨主禮。Daniela Bas 女士與參加者分享了聯合國“2030 年可持續發展議程”。該議程以 17 項可持續發展目標和 169 項具體目標為基礎。她強調，沒有世界各地家庭的支持和參與，很難實現許多目標和具體目標。此外，為了實現某些可持續發展目標，我們需要以家庭為本的政策，以幫助家庭履行其眾多的經濟，照顧和教育職能。

她認為大會選擇了「轉變與傳承」為研討會的主題十分貼切，反映出雖然家庭及社會正面對不少轉變，但是家庭仍然是社會中最基本的元素，是公共政策的焦點。她強烈地讚揚了 CIFA 的工作。它不單止對加強家庭福祉作出貢獻，更作為一個模範以強化各有關人士，包括學者、研究員、公共、私營及非政府機構的合作，從而面對有關家庭的各項議題，識別挑戰及研究有效的解決辦法。

研討會十分成功，有超過 400 名來自 9 個國家／地區的人士，集合於韓國國立博物館共同研究與家庭有關的議題。大會邀請了超過 50 名學者、研究員、政府代表和有關從業員，發表了有關各方面的文章，例如家庭面對的改變（意識形態、家庭結構及功能等），現代父母（虐兒及管教、分享親職及再婚家庭等），幸福家庭（創新及從公共衛生角度提升家庭整體的健康、跨地區有關家庭幸福的研究及積極晚年等），以及亞洲家庭工作的實踐（為無性生活夫婦提供家庭治療、訓練精神科護士參與家庭治療的經驗，及如何處理強迫症個案等）。

大會的程序十分豐富，刺激了參加者的思考，及提供了很好的分享機會。研討會得到參加者的讚賞，大會十分感謝 Bas 女士由始至終的參與，肯定了 CIFA 作為一個地區性平台。於閉幕典禮時，她更給予 CIFA 鼓勵，並提出建議，讓 CIFA 可以進一步朝著聯合國訂定的持續發展目標邁步。

研討會其中一個亮點是「2016 和富亞洲傑出家庭工作計劃 (3A 計劃 2016)」決賽。是次比賽接獲來自 6 個國家／地區共 36 項計劃。經過兩輪激烈的比賽，八強隊伍得到資助參加研討會，並角逐金、銀、銅、「我最喜愛隊伍」及「最佳伙伴協作獎」等獎項。經過各隊精彩的表現，金獎由協康會奪得；銀獎及「我最喜愛隊伍」獎由觸愛青年服務部取得；而銅獎及最佳伙伴協作獎則由香港路德會社會服務處路德會青彩中心取得。



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決賽結果如下：

| 機構名稱 | 計劃名稱 | 計劃簡介 |
|--|-----------------------|---|
| 協康會 (香港) 金獎 | 教得其樂 | 「教得其樂」是為特殊需要兒童而設計的家長管教技巧小組課程。目的是提升育有特殊需要兒童之家的生活的身心健康為目標。 |
| 觸愛青年服務部 (新加坡) (銀獎及我最喜愛計劃) | 觸愛健全網絡家庭扶助 | 「觸愛健全網絡家庭扶助」是一項關注青少年過度沉迷於網上游戲而引起很多家庭衝突問題的輔導計劃。計劃主要運用現代科技協助青少年與父母有效地溝通，促進親子關係。 |
| 香港路德會社會服務處路德會青彩中心 (香港) (銅獎及最佳伙伴協作獎) | 「新生命·孕記」一家庭為本吸毒孕婦支援計劃 | 「新生命·孕記」一家庭為本吸毒孕婦支援計劃，聯同醫院內兒童及青少年科、婦產科及精神科的醫護人員，以及資深社工、陪月員為吸毒孕婦及家庭提供一站式的跨專業服務。 |
| 北滘鎮職工 (異地務工人員) 服務中心 (中國) (優異獎) | 工傷員工支援計劃 | 「工傷員工支援計劃」的目的是為受傷的企業員工打造一個友善空間提供心理、經濟、法律、康服和社會支持系統等方面的服務。計劃充分表現跨界別合作的重要性。 |
| 香港防癌會 (香港) (優異獎) | 攜手同行癌症家庭支援計劃 | 攜手同行癌症家庭支援計劃主要藉聯結跨界別同業之合作，提升社會及癌症病患者癌症之認識，透過電話輔導及外展探訪，紓緩患者就身體、情緒、家庭等各方面的憂慮，令他們在康復過程中得到全面的照顧。 |
| 長者安居協會 (香港) (優異獎) | 「生命·歷情」體驗館 | 生命之旅中心的目標是將人對「老」的負面印象觀念轉為正面，並給予長者提供積極的支持態度，建立一個長者友善社會，合力為他們帶來具尊嚴和有素質的生活。讓他們在家中和社區中感到被尊重及受各種人士的歡迎。 |
| 上海公益師社工事務所 (中國) (優異獎) | 青雲騰飛計劃—低保家庭資產建設干預項目 | 青雲騰飛計劃運用資產建設理論，探索資產建設視角下的工作新模式。通過開設青少年教育專項家庭發展帳戶，培養對教育投資的理念和行為習慣，包括理財規劃及管理、青少年成長與生涯規劃、家庭管理等方面的培訓與指導，提升其自我效能感。 |
| 東華三院家庭服務成長中心 (香港) (優異獎) | 香港賽馬會社區資助計劃—親子互動輔導服務 | 此計劃為育有 2 至 7 歲，有行為問題的幼兒及其有親職壓力的家長提供服務。過去 2 項隨機對照，試驗研究顯示此服務是一項有效的治療。 |



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和富 3A 計劃的高潮，是由 Bas 女士及李宗德博士主禮的頒獎典禮。他們除了頒發獎項外，更表揚各隊伍的貢獻及不斷求卓越的精神，亦贊同裁判團的看法，十分欣賞他們的在整個比賽過程的投入及合作表現。

為了維持迄今已建立的協同效應，本聯盟一如既往於 2017 年 6 月，假香港中文大學舉辦分享會。屆時將會邀請在決賽中的得獎隊伍，及 2014 年的金、銀、銅獎得獎隊伍分享他們在倡導家庭工作上的進展，為參加者提供一個機會，探索把經驗重複或改善的可能性，以符合不同文化背景的狀況，從而達到 3A 計劃的理想：「追求創新、應用實踐、持續發展」。



Group photo of Ms. Daniela Bas, Mr. Kwon Yong-hyun, representatives of CIFA, KAFT and supporting organizations at the Opening Ceremony

Daniela Bas 女士、Kwon Yong-hyun 先生、CIFA、KAFT 及支持機構之代表於開幕典禮合照



Ms. Daniela Bas presenting award to Gold Award winner.

Daniela Bas 女士頒發獎項予金獎得獎隊伍



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Group photos of all the Wofoo 3A Project 2016 finalist teams

和富 3A 計劃 2016 8 強隊伍之合照

如有查詢或期望安排得獎隊伍的訪問，可與 CIFA 秘書處聯絡：

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